

## **Annual Report 2021-2022**

The aims of NCC is to develop character, commandership, discipline, leadership, secular outlook, spirit of adventure, sportsmanship and ideals of selfless service among the youth of the country; to create a human resource of organized, trained and motivated youth to provide leadership in all walks of life and always be available for the service of the nation; to provide a suitable environment to motivate the youth to take up a career in the Armed Forces. NCC in the college plays a credible role in shaping the character of students by instilling the values of patriotism, service, discipline and hard work. Training in NCC insists qualities like nationalism, patriotism, discipline, team spirit, leadership, self-confidence and promote overall personality development. NCC gives a tremendous opportunity to one and all betterment, irrespective of caste, creed, religion and economic status. Based on the aims of NCC; the organization has laid down training syllabi for cadets. The syllabus for the Senior Division Cadets covers a period of three years. Except for minor the syllabus for each division is similar for boy and girl cadets. The training year matches the academic and financial year.

The NCC of NAM College is functioning under the 31 Kerala Battalion NCC, Kannur which authorized the total strength is 53 including SD and SW cadets. The unit has an enrolled strength 53 cadets of which 23 are girls. Cadets enrolled were given institutional training and can participate in adventurous activities, community development programmes, various camps at national level and annual training camps; sports and cultural activities. The NCC unit of the college comes under the Kozhikode Group of Kerala and Lakshadweep NCC Directorate. Dr (Lt) Shameer A P is the Associate NCC Officer of this college. NCC cadets of this College has always been recognized as a responsible and disciplined organization in every aspect. Its dedication and commitment towards the nation and its interest has always been a priority for the organization. NCC was incorporated at NAM College in 2010 and has been fully operational since then. NCC conducts numerous activities every year in which the cadets participate enthusiastically, such as the training camps, special adventure camps, social awareness campaigns/drives, rallies and so on. This year, 2021-22, faced with the Covid-19 pandemic crisis, cadets participated in various online and offline activities conducted by the NCC.

### **HIGHLIGHTS OF THE YEAR**

#### **World Tobacco Day**

The World No Tobacco Day is observed every year on 31 May to make tobacco users aware of the opportunity to lead a healthier life. The aim of this day is to spread awareness about the dangers of using tobacco and how health problems can be tackled by doctors when one quits smoking. According to the World Health Organisation (WHO), "When the news came out that smokers were more likely to develop severe disease with COVID-19 compared to non-smokers, it triggered millions of smokers to want to quit tobacco." This year the day informs the students on the dangers of using tobacco and what people around the world can do to claim their right to a healthy living. To inculcate awareness about the harmful effects of tobacco,

NCC unit of NAM College celebrated No Tobacco Day on 31 May 2021 in the cadet's home premises. The programme was inaugurated by the Lt Shameer A.P, NCC officer through online mode. NCC cadets and others group of students participated to create awareness among the mass students. Creating awareness on the Tobacco Day, students presented number pictures and also delivered lecture on the subject over the harmful and deadly effects of tobacco use and second-hand smoke exposure. In they urged the people to discourage the use of tobacco in any form on "World No Tobacco Day". To commemorate the day events like poster making and "pledge by cadets" were conducted with message to "say No to tobacco". SUO Sandra P, UO Athul Raj, and other cadets were actively participated in this program.

### **Oximeter Challenge**

The NCC unit of NAM College, Kallikkandy participated in the fight against Covid -19 by providing Oximeters to all wards of Tripragottur and Kunnothparamba Grama Panchayath . Cadets collected the required amount by conducting an 'Oxi Meter Challenge' through digital media like Facebook and WhatsApp . They were able to raise Rs 30000 in two days and bought 44 Oximeters .The Oximeters were handed over to Sri. T P Musthafa, Secretary, Tripragottur Grama Panchayath and Smt. K Latha, President, Kunnothparamba Grama Panchayath by Lt. Shameer A P, NCC Officer on 27-5-2021. Sri Sameer Parambath, Panchayath members, Panchayath Secretary and NCC cadets also participated in the programme in accordance with Covid Protocol.



### Tribute to Covid 19 frontline workers

The NCC units of NAM College Kallikkandy, PRM HSS Panoor and Mambram HSS, Mambram jointly recognized and paid tribute to the efforts of Covid 19 frontline workers on 30-05-2021. The police force of the Panoor Police Station and staff members of Panoor Taluk Hospital were felicitated. Sri K P Mohanan MLA inaugurated the function and presented

flowers to all the police officers as a token of gratitude. Ward Councillor Sri P K Praveen, senior journalist Sri V P Chathu master, Press Forum president Sri Sajeev Othayoth, Sri Riyas Chakeeri (C. I of police), Sri. Nijeesh M (S. I of police) felicitated the occasion. Lt. Dr.Shameer A P presided over the function. Lt. Jayakrishnan C welcomed the gathering. Sri Vivek proposed the vote of thanks. As part of the programme lunch was also provided for the Front-line workers.



## **World Environment Day**

NCC Unit of NAM College celebrates the 2021 world environment day on June 5. The programmes included tree plantation, talks on hazards of plastic wastes and a cleaning process which ensure a litter free campus. NCC unit Conducted mobile photography , poster making competition among the students subject to the environment problems. This campaign helps to raise awareness among students about the environmental issues as well as take positive environmental actions. This year programme was conducted through online due to Covid situation. Dr. K K Muhammed Kutty, Principal inaugurated the function through Google meet. NCC officer Dr. Lt. Shameer A P presided over the function. All the 53 Cadets of the unit cleaned their home premises and planted trees and plants.

# WORLD ENVIRONMENT DAY

N  
C  
C  
N  
A  
M  
C



J  
U  
N  
E  
5

2021

## **READING DAY**

National Reading Day is celebrated to honour the father of the 'Library Movement in Kerala', the late PN Panicker, whose death anniversary is on June 19. The NCC unit of NAM College Kallikkandy celebrated as Reading Week from June 19 to 25. NCC unit conducted a webinar on the importance of reading. Cadets conducted various competitions like reading, quiz, poster making at their level. Some cadets took digital reading pledge. NCC unit motivate cadets to do all activities through online due to Covid situation. Reading celebration will continue up to 25 June. NCC Officer Lt. Shameer A P give lecturer on the importance of reading. All the 53 cadets actively participated the program. Cdt Shuhaib P K, Cdt Theertha A, lead the program.

## **INTERNATIONAL YOGA DAY**

Yoga is an ancient Indian practice that helps in maintaining physical and mental well-being, and over the years, it has found popularity in other countries as well. In 2014, Indian Prime Minister proposed marking a day as the International Day of Yoga in his address at the UN General Assembly, and the proposal was endorsed by 175 member states, post which the United Nations recognised June 21 as the day to celebrate Yoga. Over the past one and a half year, Yoga has gained more importance due to the coronavirus pandemic, and accordingly the theme for International Yoga Day 2021 has been decided by the UN to be “Yoga for well-being”.

As part of the seventh International Day of Yoga, NCC unit of NAM College Kallikkandy celebrated IDY virtually due to the coronavirus pandemic. The programme was inaugurated by Dr. K K Muhammed Kutty, Principal of the college and Lt. Dr Shameer A P presided over the function. Sri. Muhammed Ismayil K M, IQAC coordinator, Prof Murali T, Physical Education Director , PRNSS College Mattannur , Cadet P K Shuhaib felicitated the function. Prof Ravikrishnan T , well known Yoga trainer demonstrated the yoga through google meet and he delivered a speech on the topic ‘ Yoga and Health ‘. All the 53 cadets were participated the function. Cadets practiced yoga from their houses. They continue to practice yoga till 27 June 2021.

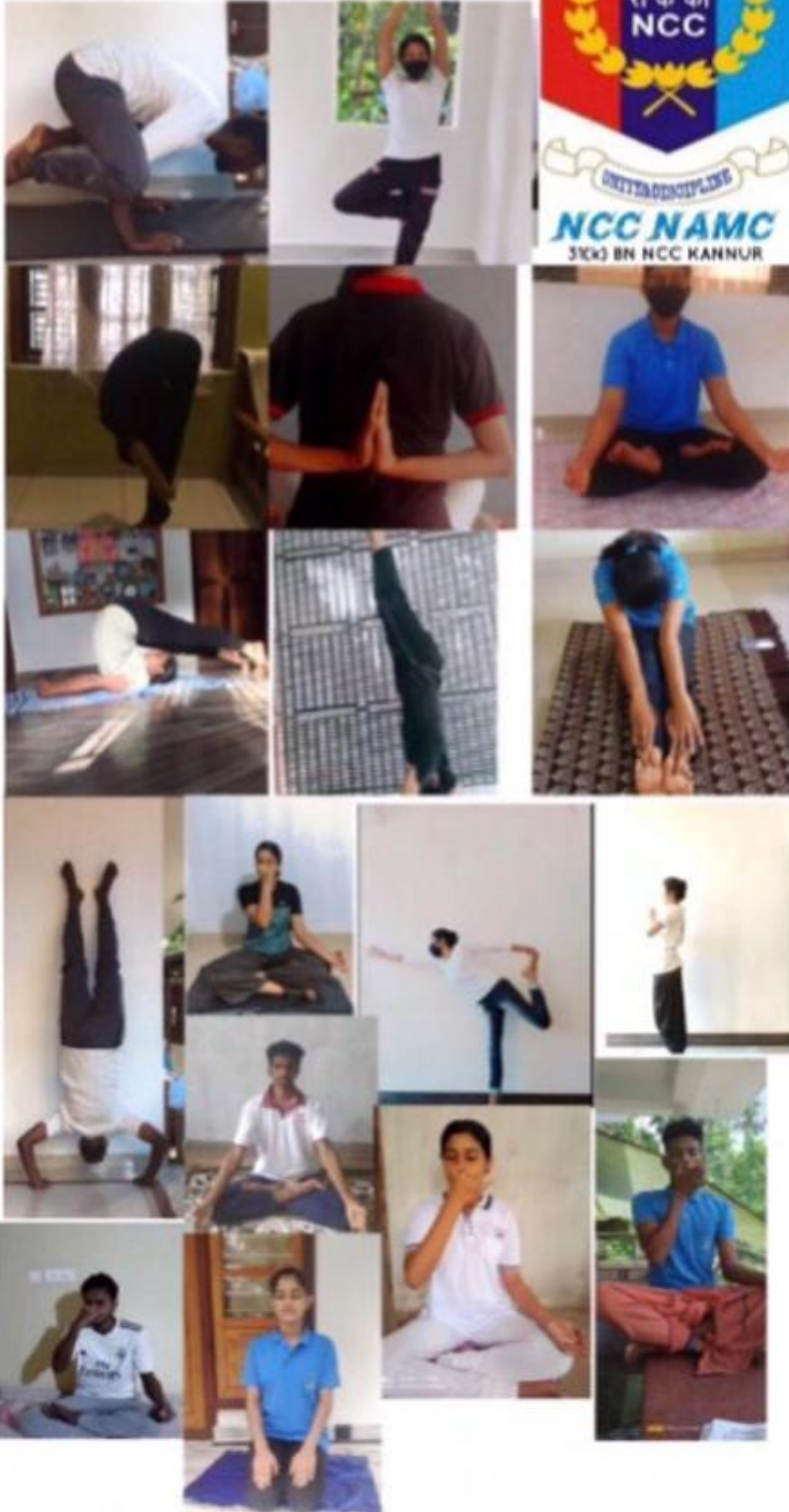
“Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well-being.”

It’s a very interesting Day for all of us. The experience we got was really amazing and important.



# INTERNATIONAL YOGA DAY

21 JUNE 2021





### **Anti -drug day**

NAM College upholds the responsibility of maintaining an educational environment conducive to academic achievement. As a part of this responsibility the NCC unit of college had held the International Day against Drug Abuse On 26th June 2021. The college recognizes that the use and abuse of alcohol and other drugs may interfere with students educational goals and will also interfere with the education environment. The cadets participated in the awareness programme and showcased their creative skills by displaying posters and placards highlighting the hazards of drugs. “Say no to Drugs, Yes to Life”, “Avoid drugs chooses life”, “Drug kills” were the captions for the day. They make awareness videos and shared among the students community. The programme was inaugurated by Sri. Sameer K K, Civil Excise Officer, Thalasserry through online mode. Lt Dr. Shameer A.P , NCC officer presided over the function. P K Muhammed Shuhaib, T Muhammed Mubashir, A Theertha, K C Amrutha, C T Kashyap were coordinate the programme.

### **Kargil day**

NCC Unit of NAM College celebrated Kargil Vijay Diwas on 26th July 2019 to honour the Kargil War Heroes, who had laid down their lives for the country. The NCC cadets were assigned a set of activities like making posters, giving speeches. Movies based on the events of Kargil war were presented through online.

Sub Major and Honorary Cap MC Krishnan, former SM of 31 Kerala Bn NCC Kannur inaugurated the function. NCC Officer Lr Dt. Shameer A.P Presided over the function. T/o Muhammed Rafi K , Sgt Muhammed Shuhaib, Sgt Kashyap C T felicitated the function. All cadets were attended the programme.

## **Hiroshima Day**

Hiroshima Day is observed on 6 th August every year to promote peace politics ad raise awareness against nuclear weapons. It has been 76 years since thousands of lives lost their breath by single atomic bomb. NCC unit of NAM College Kallikkandy commemorates Hiroshima Day 2021 to spread awareness on global peace and cooperation. NCC cadets spread the message passes through online the display of various slogans, banners and placards such as No War, Ban Nuclear Weapons and Human Race cannot co-exist with Nuclear Weapons for lasting world peace, brotherhood and a message of hope for better future. Cadet Anusree O make awarenss video and spread across through whatsApp.

## **Quit India Day**

Quit India Movement Day is observed on 8 August which is also known as August Kranti. It is considered an important movement in the freedom struggle where masses also participate and took charge themselves. Let us read more about Quit India Movement. the Bharat Chhodo Andolan or Quit India movement was launched by Mahatma Gandhi and gave a call 'do or die'. On 8 August, 1942 at the Bombay session of the All India Congress Committee by Mahatma Gandhi during World War II passed a resolution of the Quit India Movement.

NCC unit of NAM College Kallikkandy organized poster awareness trough social media and made a awareness video and posted in social media. NCC officer delivered a speech through WhatsApp group. All cadets actively participated in this event.

## **Independence Day**

The celebration of 75 years of the Independence Day celebrated as Azadi Ka Amrut Mahotsav” at NAM College Kallikkandy.

The Independence Day was organised by the NCC NAM College unit to commemorate the sovereignty of the nation. Dr K K Muhammed Kutty, the Principal of the college, who was the Chief Guest of the event and hoisted the flag.

In the inaugural speech, Principal said that all of us need to be positive in our response to our duties. “We need to join hands with each other and work towards the progress of the nation. The Liberation should come from within us and it is the right time to focus on what needs to be done for the betterment of our country by using our creativity, potentials and skills. We need to respect each other and serve our country as responsible human beings”, Dr Muhammed Kutty said. Along with the staff and the other members of the college and all NCC Cadets, and students were present during the occasion.

A webinar on behalf of 75 th years of Independence on the topic National Integration in Nation Building has been organised by NCC unit. The talk on the topic was delivered by Sri. M Lijin, Research Scholar, Sree Sankaracharya University of Sanskrit, Kaladi. The webinar was inaugurated by Dr. K K Muhammed Kutty, Principal. NCC Officer Lt Dr Shameer A.P presided over the function. Dr. Anas E, Asst Professor, Department of History was addressed the gathering. NCC cadet Sri. Muhammed Shuhaib, Kasyap C T, Avani P felicitate the function. .

In connection with 75th Independence Day celebration, the NCC unit of NAM College also organized the following competitions and rewarded the winners with cash and memento. The competition is open to all the students.

1. Poster designing competition
2. National Anthem competition
3. Patriotic Song Competition.

All the cadets uploaded the National Anthem in the web site and got certificates.

### **Farewell Party**

A great farewell to the seniors to be given by junior cadets on 17 Aug 2021. Dr. K K Muhammed Kutty inaugurated the function. NCC Officer Lt Shameer A.P presided over the function. Dr. MK Madhusuanan, Sri. I Gafoor, Dr. Muhammed Ismayil K M , Sri. Ali K felicitated the function. SUO Sandra K and UO Athul Raj , Sgt Mayooka were expressed their last three years’ experience in NCC. The entire senior cadet were recognized by junior cadets and presented a token of love in terms of gift and moments. Group photo aslo taken. Arranged bada khana also.

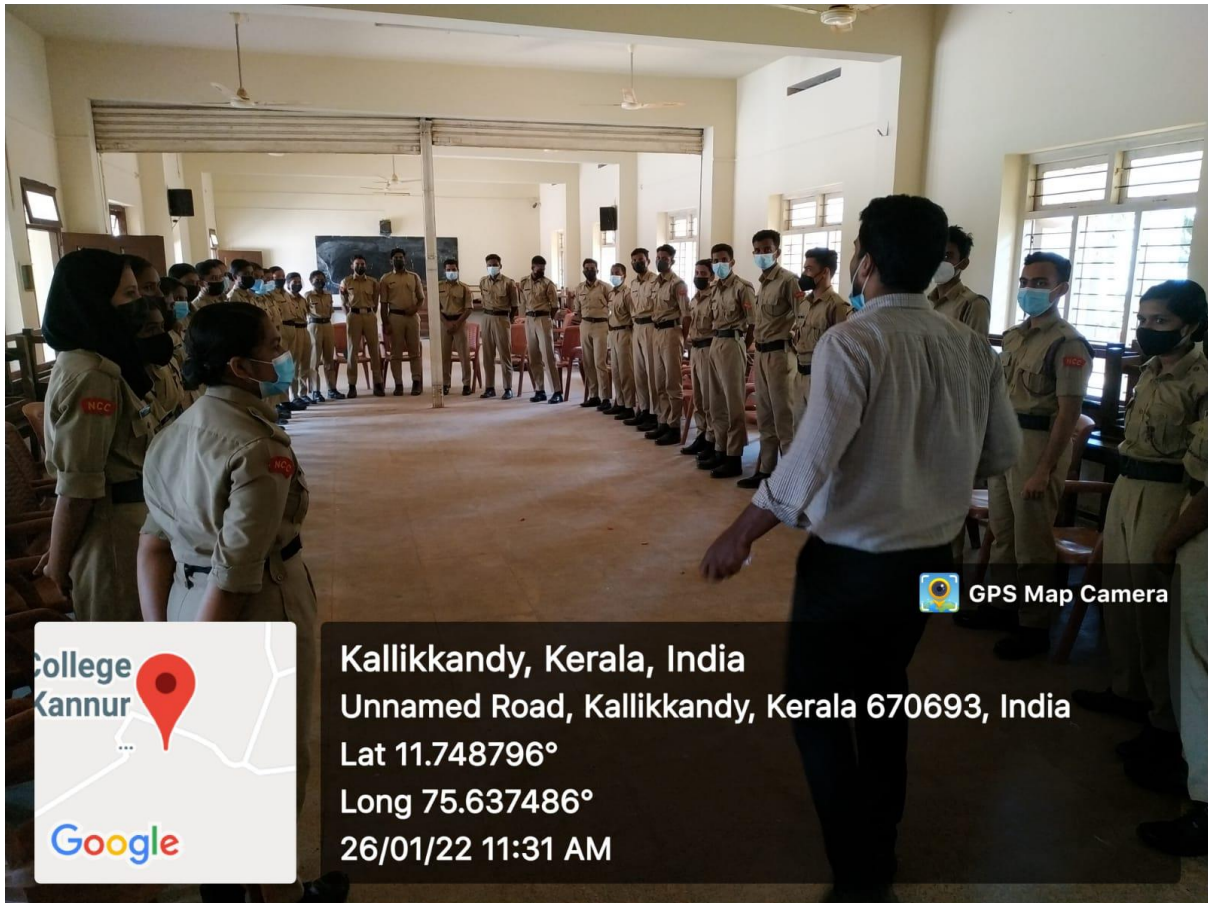
### **Republic Day Programme**

India is celebrating the 73rd Republic Day on 26 January 2022. The celebrations this year are special as India is in the 75th year of Independence – being celebrated as ‘Azadi ka Amrit

Mahotsav'. Republic Day marks the date on which the Constitution of India came into effect on 26 January 1950. To mark this special day, NAM College organized various activities. The teachers and the students celebrated this day with great zeal and enthusiasm. NCC unit of NAM College celebrated 73<sup>rd</sup> Republic Day by hoisting National Flag in the college campus. Principal Dr. K K Muhammed Kutty proudly hoisted the flag and conveyed his wishes to staff and students of college. NCC Officer Capt.(Dr.) Shameer A P discussed the importance of the day with the NCC students and motivated them to spread the lesson of patriotism among the masses. Dr. Anas E, Asst. Professor, Department of History, gave a motivational speech on the topic "National Interest: Role of Youth". In his speech, he highlighted the importance of the Constitution and its unique features such as Sovereign, Socialist, Secular, Democratic and Republic enshrined in the preamble of the Constitution. One should feel pride in glorifying and celebrating the spirit of Unity. He discussed the various roles of youth for the national interest. This was followed by some speeches on patriotism. National Anthem and NCC song was also sung by the cadets on the occasion. Cultural programme also arranged. Proper social distancing norms were followed during the programme.

### **Leadership and Group Dynamics**

NCC arranged a leadership and group dynamics class for cadets on 26 Jan 2022 at seminar hall. The programme was inaugurated by Dr. K K Muhammed Kutty, Principal. NCC Officer Capt. (Dr) Shameer A P presided over the function. Mr. Arif M K, trainer and Asst. Professor, Department of Commerce handled the session. Leadership training creates an opportunity for students to reach new heights and achieve set goals. Leadership is the art of motivating a group of people to act towards achieving a common goal. This programme is important for students to experience leadership opportunities during their studying, to learn the art of building relationships within teams, defining identities, and achieving tasks effectively. It also provides an opportunity to learn to identify and display effective communication and interpersonal skills. NCC cadets UO Shuhaib P K, CQMS Kashyap C T , SGT Muhammed Mubashir T were lead the programme.



### **Blood Donation Camp**

The NCC unit of NAM College, organized a blood donation camp in collaboration with blood bank of Malabar Cancer Centre and Blood Donors Kerala Kannur Chapter, on 3rd Feb 2022. The camp began at 10.00 a.m. with a short inaugural function. The Camp was inaugurated by Smt. Reena Varghese, Sub Inspector of Police, Mahe Costal Guard. Sri. K S Musthafa, Asst. Professor of Commerce and NSS Programme Officer presided over the function. NCC Officer Capt. Shameer A P welcomes the gathering. Smt Shabina K K, Women Cell Cordinator, Riyas Mahe, Shahina Salam, Rahees Panoor members of BDK, and Issrath K, blood bank staff, was felicitated. This programme was arranged in connection with World cancer day programme. Around 117 students came forward to donate blood during the camp At the end 48 units of Blood was collected.



## **World Cancer Day**

NCC unit of NAM College organized world cancer day on 04-02-2022 in association with Malabar Cancer Care Society Kannur. The program inaugurated by Dr Umesh Shaligram, Senior Scientist, Serum Institute of India Pune through google Meet platform. Dr. V Ravindran, Director MCC handled a session on Cervical Cancer and HPV Vaccination. NCC Officer Dr. Lt. Shameer A P Presided over the function. NCC cadets actively participated and clear their doubts.

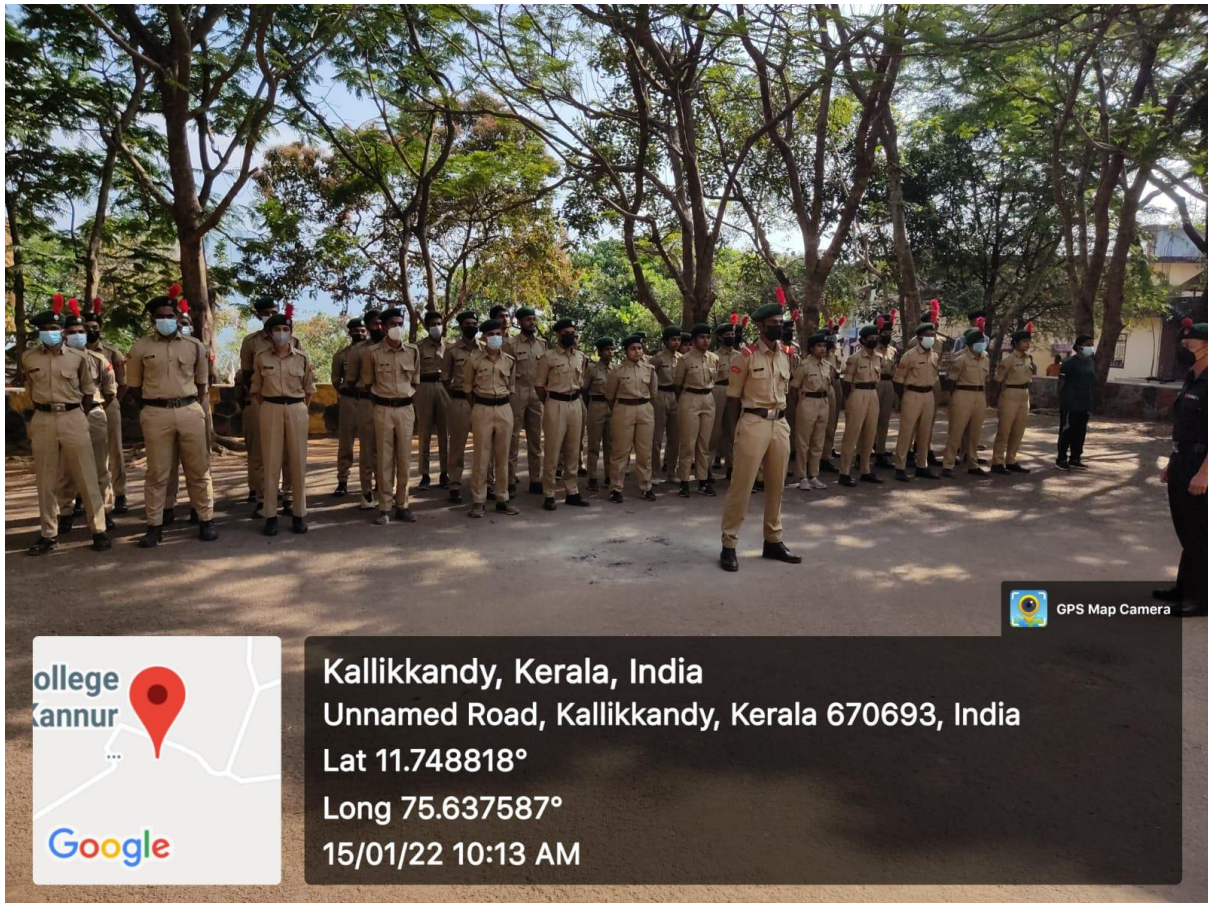
## **Pulwama Martyrs Day-**

NCC cadets of NAM College had conducted a program in remembrance of Pulwama attack on 14/03/2022. NCC Cadets commemorated Pulwama Martyrs Day at college premises to pay tributes to the CRPF martyrs who lost their lives in the Pulwama terror attack. The lecture class was held by Dr Lt. Shameer A P, NCC Officer. Senior Under Officer Muhammed Shuhaib P K, CQMS Kashyap C T supervised the program.

## **Institutional Training**

Institutional training conducted at colleges is the mainstay of NCC training and is conducted by Associate NCC Officers and Armed Forces personnel. The syllabus comprises Common Subjects and Service Subjects. Institutional training includes basic military training to the cadets as part of the curriculum and prepares them to join the Armed Forces. Around 35 parades are conducted on Saturdays and equipped for certificate examination.





## Training Camp

During this academic year all the third- and second-year cadets participated ATC at GPT College Kannur.



### **Certificate Examination**

B certificate exam of 2021-22 academic year was held on 17th and 18th February 2022 at GPC College Kannur. A total of 15 NCC cadets from NAM college NCC attended the B certificate examination. C certificate examination was held on 24th and 25th January 2022 at Sir Syed College. A total of 12 NCC cadets from college attended the C certificate examination.

